Certainly! In a nutshell, **Agile** is a methodology for development that emphasizes **flexibility, collaboration, and customer satisfaction**. [Instead of relying on a single, massive launch, an agile team delivers work in small, manageable increments that can be easily consumed](https://jdmeier.com/what-is-agile/) [1](https://jdmeier.com/what-is-agile/).

Here are **five free resources** where you can learn more about Agile and Scrum:

1. [**Agile With Scrum - From Beginner to Advanced by Udemy**: This course covers scrum roles, artifacts, ceremonies, and practical implementation for your organization and teams](https://jdmeier.com/what-is-agile/) [2](https://www.makeuseof.com/free-resources-to-learn-agile-scrum/).
2. **Scrum.org Resources & Open Assessments**: Scrum.org offers free assessments to gauge your knowledge of scrum. [It’s a great way to practice for professional certification tests](https://jdmeier.com/what-is-agile/) [2](https://www.makeuseof.com/free-resources-to-learn-agile-scrum/).
3. **Basics of Scrum, Agile, and Project Delivery by Udemy**: Learn about key concepts outlined in the Scrum Body of Knowledge (SBOK) guide. [Understand how scrum works to deliver successful projects](https://jdmeier.com/what-is-agile/) [2](https://www.makeuseof.com/free-resources-to-learn-agile-scrum/).
4. **Agile Project Management by Google on Coursera**: Explore agile principles and practices in this course offered by Google. [It covers topics like sprint planning, backlog management, and more](https://jdmeier.com/what-is-agile/) [3](https://www.coursera.org/courses?query=agile).
5. **The Agile Coach Blog by Atlassian**: Atlassian provides valuable insights and resources related to agile practices. [Their blog covers various aspects of agile methodologies](https://jdmeier.com/what-is-agile/) [2](https://www.makeuseof.com/free-resources-to-learn-agile-scrum/).

Feel free to explore these resources to enhance your understanding of Agile and Scrum! 🚀